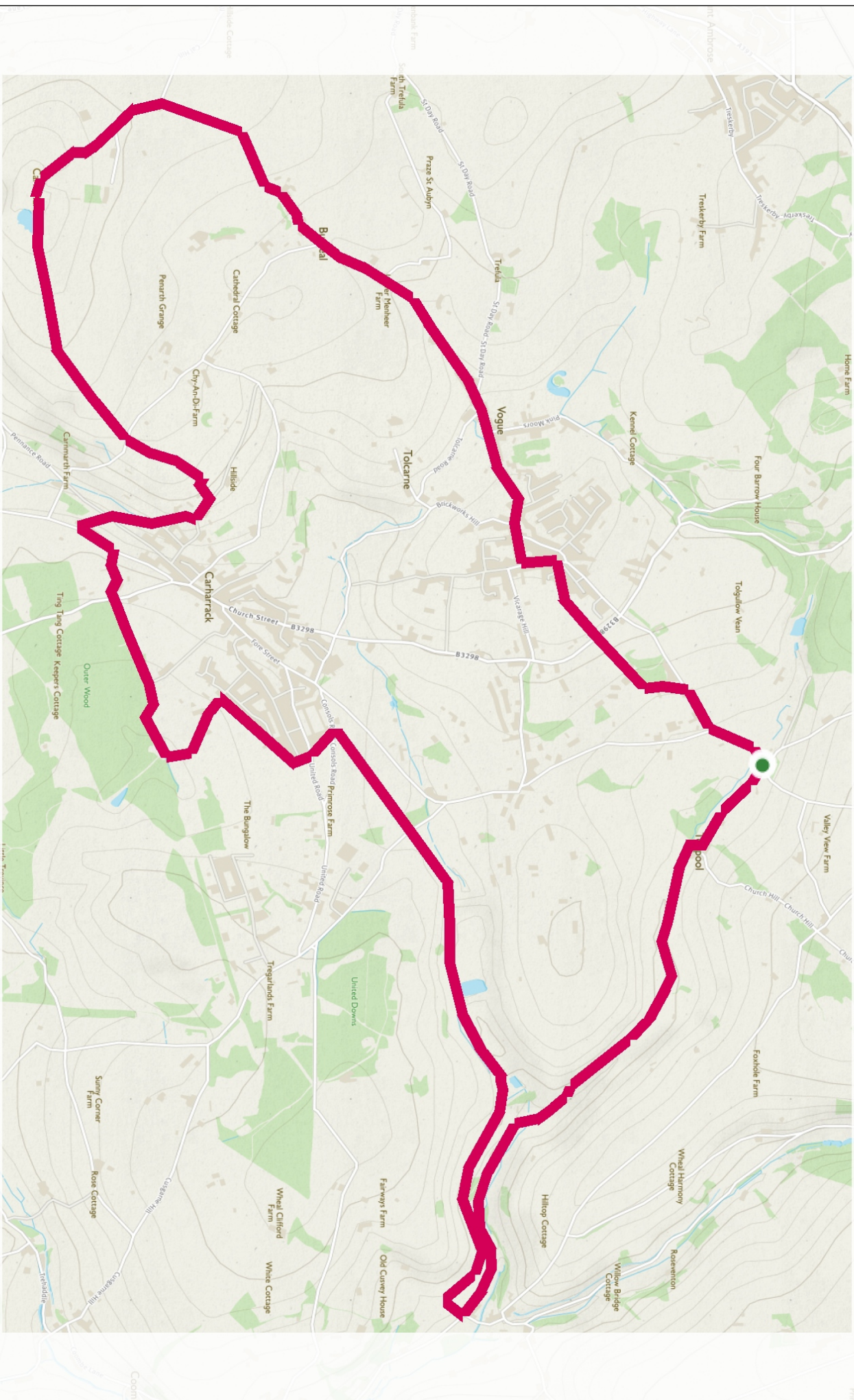




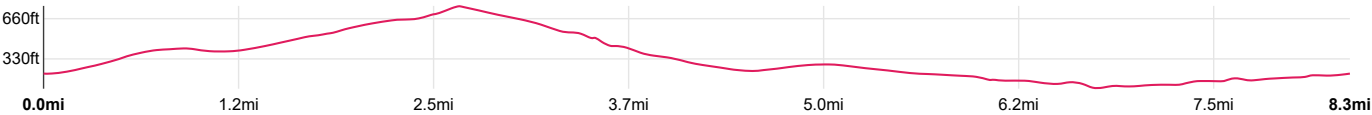
Route Information

Route Name St Day Trail 2

Route Summary

Total Distance	8.29mi (13.35km)	Walk	3h 7min
Elevation	85.30ft at lowest point	Run	1h 40min
	760.17ft at highest point	Cycle	1h 9min
Total Ascent	898.62ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevations
1	SW 738 433	0.00mi	50° 14' 47" N	5° 10' 24" W	208.33ft
	Dist to next: 0.04 mi				
105	SW 738 433	8.29mi	50° 14' 47" N	5° 10' 23" W	208.33ft